



Celebration of Horticultural Therapy



National Horticultural Therapy Week Events

March 21, 2006

9 a.m. - 12:30 p.m.

Brookside Gardens, Wheaton, Maryland

“Growing Youth in the Garden”

9:00 a.m. **Welcome** by David Vismara,
Director of Brookside Gardens

9:15 a.m. **Horticultural Therapy Overview**
Brief description of horticultural
therapy and how it works.
Lana Dreyfuss HTR

9:30 a.m. **Tuckahoe’s Discovery Schoolyard**
Ten years of outdoor learning, past,
present, and future in an award-win-
ning learning environment.
*Mary D. McLean, outdoor education
coordinator, Tuckahoe ES, and Nancy
Striniste, designer.*

10:30 a.m. **Red Wiggles’ commitment to
learning**

A description of service learning
activities on a working farm.
*Woody Woodroof, founder, Red Wiggler
Community Farm, and Beth
McCormack, Youth Program
Coordinator*

11:30 a.m. **Watkins Living Urban Schoolyard**

A 12-year project starting with a but-
terfly garden which has grown to 25
theme gardens. “From asphalt to
learning environment...”
*Barbara Percival, Volunteer Garden
Coordinator*

March 23, 2006

10:30 a.m. - 12:30 p.m. or 1:30 - 3:30 p.m.

United States Botanic Garden, Washington, DC

“Horticultural Therapy in Action: Across Ages/Across Abilities”

Workshop presented by Dr. Diane Relf, HTM

An overview of the how and why of horticul-
tural therapy.

- Recommendations on adaptations of activities to fit an individual’s needs.
- Development of volunteers and resources
- Hands-on activities to “bring home” the benefits of nurturing plants.

Dr. Diane Relf HTM is nationally known for
her research, teaching, publications and work
in the field of horticultural therapy.

This workshop will be conducted twice.
Please sign up for one session only.



Conference Registration Information

To register for March 21 event

Brookside Gardens
9 a.m. - 12:30 p.m.

Call: 240-229-1435
301-599-8000, ext. 268
email: ldreyfuss@melwood.org

Cost: \$25.00
Mail: 10205 Julep Court
Silver Spring, MD 20902

To register for March 23 event

United States Botanic Garden
10:30 a.m. - 12:30 p.m. or 1:30 - 3:30 p.m.

Call: 202-226-4082
www.usbg.gov

SONG members: \$20.00
Non-members: \$25.00

Sponsored by:

American Horticultural Therapy Association • Chesapeake Chapter AHTA • Brookside Gardens
Melwood Horticultural Training Center • United States Botanic Garden



American Horticultural Therapy Association

Chesapeake Chapter
10205 Julep Ct.
Silver Spring, MD 20902

**Celebrate
National
Horticultural
Therapy Week!**

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Horticultural Therapy

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Brookside Gardens
Wheaton, MD.

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United States Botanic Garden
Washington, DC

Sponsored by:



AHTA

**BOTANIC
GARDEN**



Who Should Attend:

Members of AHTA and its chapters
Nurses and mental health professionals
Teachers and school administration
Master Gardeners
Landscape architects
Physical, occupational and recreation therapists
Horticultural therapists
All interested gardeners
General public

For more information:

Lana Dreyfuss
ldreyfuss@melwood.org or 240-229-1435

How to Get There:

Brookside Gardens is located at
1800 Glenallan Ave., Wheaton MD 20902
www.brooksidegardens.org
301-962-1400

United States Botanic Garden is located at
100 Maryland Ave. SW, Washington, DC
at the foot of the Capitol.

www.usbg.gov

Parking is available at nearby parking garages, or by
Metro to Federal Center SW.

